



“I” Series

Book #1: “I AM SORRY”

Love Codes: Forgiveness & Honesty

“I am sorry” can be such difficult words even for adults. It is sometimes hard to admit that we have made a mistake or have caused people trouble. It is important to admit our wrongdoings and try not to repeat them. Most of the time, there are consequences that go with not saying these words or after saying these words. However, in almost all situations, the ability to say these words is better than not. We should also remember to never abuse the use of these words. When “I am sorry” are said too frequently, people will begin thinking that we never learn from our mistakes or lessons. Worse even, they might think we are not honest.

So teach our children about forgiveness and honesty. Ask them to be forgiving when someone makes a mistake. Let them know the importance of being honest about problems that they have caused, and the timely management of such.

「我」系列

第一冊：《對不起》

親子心語：寬恕和誠實

即使是成年人，也不容易說出「對不起」這句話。有時候，我們很難承認我們犯了錯，或是給別人惹來麻煩。承認我們的錯誤，並盡量不再犯錯，是很重要的。很多時，我們不說這句話，或是說了這句話之後，都會帶來後果。然而，幾乎在所有情況下，能說這句話，總比沒有說好。我們還應該緊記不要濫用這句話。我們若是太隨便說「對不起」，別人便開始認為我們永遠不會從錯誤或教訓中學習。更糟糕的是，他們可能以為我們不誠實。

所以，要教導我們的孩子寬恕和誠實。當有人犯錯時，請他們寬恕那人。要讓他們知道誠實地面對自己所引起的問題，並及時處理，實在十分重要！

For Children Age: Birth – 3 Years Old

- 1) Which pictures in the book do we like?
- 2) What do we like about these pictures?
- 3) When do we need to say, “I am sorry”? Can you give me some examples?
- 4) When is our favorite reading time each day?
- 5) Where do we put this book after we read it? Do we need to turn off the computer, iPad or laptop after we read this book online?

適合年齡：由出生至3歲

- 1) 我們喜歡這書中的哪些圖畫？
- 2) 這些圖畫有甚麼吸引我們喜歡？
- 3) 我們甚麼時候需要說「對不起」？你能想到一些例子嗎？
- 4) 我們最喜歡在每天甚麼時候一起閱讀？
- 5) 看完這本書後，我們該把它放在哪裡？我們在網上讀完這本書後，需要關掉電腦、iPad 或筆記本電腦嗎？

For Children Age: 3 – 6 Years Old

- 1) Which is your favorite part of the book?
- 2) What is the story about? Which words do you not understand?
- 3) Can you give me situations when we need to say, “I am sorry”? What did others do after you said so? How do you feel after you said so? Do you like being forgiven from a misdeed?
- 4) Do you remember when you last said, “I am sorry”? What happened? Is it not good when we don’t say sorry if we have done something wrong? Are we honest if we say sorry for something we did wrong?
- 5) What can you do to remind yourself not to repeat the same mistakes? What lessons have you learned because of the experiences?
- 6) If you can add more things to this book, what would you like to add?

適合年齡：3至6歲

- 1) 你最喜歡這本書的哪一部分？
- 2) 這個故事是關於甚麼？哪些詞彙是你不明白的？
- 3) 你能不能告訴我，在甚麼情況下，我們需要說「對不起」？你這樣說了，其他人有甚麼反應？你這樣說後，會有甚麼感覺？你喜歡你的錯誤行為得到寬恕嗎？
- 4) 你還記得上次是在甚麼時候說「對不起」嗎？那時發生了甚麼事情？做錯事不說「對不起」，是否不好呢？為著自己所做的錯事說「對不起」，是否誠實呢？
- 5) 你能做些甚麼，幫助自己不會重犯同樣的錯誤？你從這些經歷中，得到了甚麼教訓？
- 6) 如果你可以在這本書中增添一些內容，你想增添甚麼？

For Children Age: 6 – 10 Years Old

- 1) How do you spell the words, “I Am Sorry”?
- 2) What do you like or not like about this book?
- 3) Do you think this is a happy story or a sad story? Why?
- 4) Do you agree that the words, “I am sorry”, are important words to say when we should? Why or why not?
- 5) What does being forgiving mean? When do we need to forgive? What can be some situations and consequences when we do not forgive ourselves and others?
- 6) What does being honest mean? Why is it important to be honest? What can be some situations and consequences when we are not honest?
- 7) Are there other words you want to see in a book like this?

適合年齡：6至10歲

- 1) 你怎麼寫「對不起」這幾個字？
- 2) 這本書有甚麼是你喜歡或不喜歡的？
- 3) 你覺得這是一個快樂的故事，還是一個悲傷的故事？為甚麼？
- 4) 你是否同意在我們應該說「對不起」的時候，能說出這句話是重要的？為甚麼同意或不同意？
- 5) 願意寬恕別人是甚麼意思？我們在甚麼時候需要寬恕人？當我們不寬恕自己和別人，會出現甚麼情況和後果？
- 6) 誠實是甚麼意思？為甚麼誠實很重要？當我們不誠實，會出現甚麼情況和後果？
- 7) 你還想在這樣的書中看到其他詞彙嗎？